



TECHNICAL PACKAGE

2015 PAN
AMERICAN
JUNIOR
CHAMPIONSHIPS

Edmonton, Alberta
July 31-August 2, 2015



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Athletics Canada and the Local Organizing Committee offer a warm welcome to all participating countries to the 18th edition of the Pan American Junior Championships in Athletics. We sincerely hope that your stay in the beautiful City of Edmonton will introduce you to the warm, friendly atmosphere of the center of Canada. We wish each participant much success.

1.0 CHAMPIONSHIP DATES, VENUE AND ORGANIZATION

The 2015 Pan American Junior Championships in Athletics will take place from July 31–August 2 at Foote Field in Edmonton, Alberta, CANADA. The competition stadium has certified IAAF level 2 Beynon track, with 8 lanes, and all field events are within the stadium. The warm-up area is approximately 60 m from the competition stadium and has artificial turf field with 2 lanes of Mondo Straightway.

Event Programme:

WEDNESDAY, JULY 29

All day Team Arrivals

15:00 – 20:00 Team Practice at the stadium

THURSDAY, JULY 30

9:00 – 12:00 Team Practice

13:30 Team Officials Stadium Tour

14:30 Technical Meeting

15:30 – 20:00 Team Practice

FRIDAY, JULY 31 – SUNDAY, AUGUST 2

2015 Pan American Junior Championships (including Opening and Closing Ceremonies)

MONDAY, AUGUST 3

Team Departures

Organizational Officials:

ASSOCIATION OF PANAMERICAN ATHLETICS (APA) – EXECUTIVE COUNCIL & OFFICIALS

President:	Victor López (Puerto Rico)
Vice-President:	Ciro Solano (Colombia)
Treasurer:	Alain Jean Pierre (Haiti)
NACAC President:	Victor López (Puerto Rico)
CONSUDATLE President:	Roberto Gesta de Melo (Brazil)
Members:	Esther Maynard (Barbados) Rob Guy (Canada) Claude Blackmore (Guyana) Marcos Oviedo (Venezuela)
General Secretary	Evelyn Claudio (Puerto Rico)

INTERNATIONAL OFFICIALS

Organizational Delegate:	Victor Lopez (PR)
Technical Delegate:	David Weicker (CAN)
Medical/Doping Delegate:	Tuhin Bakshi (CAN)
Jury of Appeal:	Esther Maynard (BAR) Rob Guy (CAN) Claude Blackmore (GUY) Marcos Oviedo (VEN) Victor Lopez (PUR)
Technical Officials:	Eric Zemper (USA) ITO Alice Kubek (CAN) ATO John P. Clarke (CAY) ATO Noel Cedeño (PUR) ATO Daniza Soldo (VEN) ATO Leonardo Jarpa (CHI) ATO
International Starter:	Raul Torres (PUR)
Race Walking Judges:	Daniel Michaud (CAN) IRWJ William J. Pollinger (USA) ARWJ Juan H. del Toro (MEX) ARWJ Ricardo Ortiz (GUA) ARWJ Bernardete Conte (BRA) ARWJ Jorge L. Bona (ARG) ARWJ

LOCAL ORGANIZING COMMITTEE

PRESIDENT:	Jerry Bouma
CHIEF EXECUTIVE OFFICER:	Peter Ogilvie
COMPETITION DIRECTOR:	Wes Moerman
TECHNICAL DIRECTOR:	Rob Fisher
TRACK OPERATIONS:	Jon Greenaway
EVENT & HOSPITALITY MANAGEMENT:	Cathy King
COMMUNICATIONS & BRAND MANAGEMENT:	Ingrid Schif de Denis
VOLUNTEER COORDINATOR:	Siobhan Carroll
TRANSPORTATION COORDINATOR:	Ralph Shockey
SECURITY COORDINATOR:	TBA
OFFICIALS COORDINATOR:	Louise Buskas
MEDICAL COORDINATOR:	Cal Sutela
DOPING CONTROL COORDINATOR:	Wayne King
TIMING & RESULTS COORDINATOR:	John Furguson
AWARDS & CEREMONIES:	Loranne King

2.0 ENTRY RULES AND PROCEDURES

GENERAL

Two athletes can be entered per event. There are no standards.

For Relays each Federation may enter one (1) team in each race.

AGE CATEGORIES

JUNIOR ATHLETES: Any athlete aged 18 or 19 years on December 31, 2015 (born in 1996 or 1997) may compete in any event.

YOUTH ATHLETES: Any athlete aged 16 or 17 years on December 31, 2015 (born in 1998 or 1999) may compete in any event. However, the maximum number of events in which a Youth athlete can compete is two individual events plus the relay. If the two individual events are Track Events, only one of these may be longer than 200m.

YOUNGER ATHLETES: No athlete younger than 16 years of age on December 31, 2015 (born in 2000 or later) may be entered.

SUBMISSION OF FINAL ENTRIES:

The Final Entries must also be submitted online using the online Event Entry System, by July 15, 2015 midnight, Mountain Time (MT). More information on the process to follow for submission of final entries will be provided at a later date.

FINAL CONFIRMATION:

Final Confirmation of Entries must be made by the Team Leader upon arrival during the accreditation process at the Accreditation Center.

3.0 CHAMPIONSHIPS EVENTS

There will be 22 events for men and 22 events for women as follows:

MEN	
RUNNING EVENTS	100 - 200 - 400 - 800 - 1,500 - 5,000 - 10,000
HURDLE EVENTS	110 meters and 400 meters
STEEPLECHASE	3,000 meters
JUMPING EVENTS	High Jump, Pole Vault, Long Jump, Triple Jump
THROWING EVENTS	Discus, Javelin, Shot-put, Hammer
RACE WALKING	10,000m on the track
RELAYS	4x100 - 4x400 meters
COMBINED EVENTS	DECATHLON

WOMEN	
RUNNING EVENTS	100 - 200 - 400 - 800 - 1,500 - 3,000 - 5,000
HURDLE EVENTS	100 meters and 400 meters
STEEPLECHASE	3,000 meters
JUMPING EVENTS	High Jump, Pole Vault, Long Jump, Triple Jump
THROWING EVENTS	Discus, Javelin, Shot-put, Hammer
RACE WALKING	10,000 meters on the track.
RELAYS	4x100 - 4x400 meters
COMBINED EVENTS	HEPTATHLON

4.0 TRANSPORTATION

Transportation services will be provided by the local Organizing Committee from July 29 – August 3 with full services running July 29 – August 3. A detailed transportation schedule will be available at the Welcome Desk/CID at team housing and TIC.

Pole Vault equipment will be transported with a freight forwarder from the airport to Foote Field Sports Complex where it will be stored in a safe, secure and dry storage facility.

TRAINING SHUTTLE

Shuttles will be available for transportation to and from Foote Field Sports Complex for training as follows:

- July 29 - 15:00 - 20:30 (bus leaves team housing every hour on the hour and leaves Foote Field Sports Complex on the half hour)
- July 30 - 08:00 - 13:30 (bus leaves team housing every hour on the hour and leaves Foote Field Sports Complex on the half hour)
- July 30 - 15:00 - 20:30 (bus leaves team housing every hour on the hour and leaves Foote Field Sports Complex on the half hour)

Special buses will be arranged for officials' stadium tour and the technical meeting.

COMPETITION SHUTTLE

Competition shuttles will run every hour on the hour from the team housing beginning at 06:00 until an hour after the final event has concluded. Shuttles will run from the Foote Field Sports Complex on the half hour.

Detailed transportation schedules will be available at the Welcome Desk at team housing. Transportation shuttle schedules will be posted at team housing and at Foote Field Sports Complex.

5.0 TRAINING SCHEDULE

Footie Field Sports Complex will be open for training from July 28-30, 2015. Hours of operation (MT) are as follows:

July 29	Track, Horizontal Jumps and Shot Put	15:30 – 20:00	
	Javelin and Pole Vault	15:30 – 17:30	
	High Jump and Hammer/Discus	17:30 – 20:00	
July 30	Track, Horizontal Jumps and Shot Put	08:30 – 13:00	
	High Jump and Discus/Hammer	08:30 – 11:00	
	Javelin and Pole Vault	11:00 – 13:00	
	Track, Horizontal Jumps and Shot Put	15:30 – 20:00	
	Javelin and Pole Vault	15:30 – 17:30	
High Jump and Hammer/Discus	17:30 – 20:00		

6.0 TEAM OFFICIALS STADIUM TOUR

The Team Officials stadium tour will be held on Thursday, July 30 at 13:30. The tour will provide

Team Leaders and staff an opportunity to familiarize themselves with the venue. Officials should meet at the entrance to the track for the tour.

7.0 TECHNICAL MEETING

The Technical Meeting will be held at Footie Field Sports Complex on July 30, at 14:30. The meeting will be conducted in the Alumni Lounge in the main administration building (precise room location subject to change).

No more than two officials from each participating member Federation, plus an interpreter, may take part.

WRITTEN QUESTIONS

All questions for the Technical meeting must be made in English or Spanish on the form provided to the Team Leader upon arrival at the Accreditation Center. This form must be returned to the TIC or CID by 12:00 (MT) on July 30.

8.0 TECHNICAL INFORMATION CENTER AND COMPETITION INFORMATION DESK

A Technical Information Center (TIC) will be located at the Foote Field Sports Complex and a Competition Information Desk (CID) will be located in the lobby of Lister Hall at the University of Alberta. These information centers will serve as the link between the Organizing Committee and the various delegations.

The following will be available at the Center:

- Material for the Technical Meeting (Accreditation Center, TIC or CID)
- Start list and results Technical information (TIC only)
- Official communication for delegates
- Distribution of official results
- General information
- Transportation
- Doping Control for National Records (TIC only)
- Protest & Appeals (TIC only)

The CID at the Team Housing will open from July 29 – 30 from 09:00 – 23:00. The TIC at Foote Field Sports Complex will open as follows:

July 29	16:00 – 20:00 (MT)
July 30	09:00 – 13:30 and 3:30 – 20:00 (MT)
July 31-Aug 2	07:00 – 22:00 (MT)

NOTE: The TIC and CID will have a mailbox per Member Federation.

9.0 COMPETITION INFORMATION

COMPETITION VENUE

The Championships will take place at the track and field stadium in the Foote Field Sports Complex.

The stadium seats approximately 3,000 spectators and has the following:

- A 400m Beynon track with 8 - 1.2m lanes on the oval and on the straight
- 2 High Jump in D-Zone 1
- 2 Pole Vault runway in D-Zone 2
- 2 Long Jump/Triple Jump runways outside the main straight
- Steeplechase with an inside water jump in D-Zone 2
- 1 Shot adjacent to the finish line
- 1 discus and hammer throwing inside the main stadium
- 2 javelin runways
- IAAF Class 2 Certification

WARM-UP AREA

The warm-up area is located approximately 60m from the competition stadium. The area is an artificial turf surface infield with an 80m 2 lane Mondo surface for spike strides. All field event warm-ups will be done in the competition stadium prior to the start of each field event.

A specific practice schedule for events will be available at the CID/TIC.

TIMETABLE

The competition timetable can be found in Appendix A. Please note that small changes may still occur based on the final number of confirmed entries. The final timetable will be available at the Technical Meeting and distributed at the TIC and CID.

QUALIFYING HEIGHTS AND DISTANCES AND PROGRESSIONS

The Technical delegate, after the closing date for the Final entries, will decide the qualification procedure for the track events, the qualification standards for the field events, the starting heights and successive height progression for the high jump and pole vault. This information will be provided during the Technical Meeting. Copies will also be available at the CID and TIC.

TEAM CLOTHING

UNIFORM

Athletes shall participate in the uniform clothing approved by their National Governing Body. The Medal Ceremony is considered part of the competition for this purpose. In accordance with IAAF Competition Rule 143.1 and the IAAF Advertising Regulations, athletes' competition vests should have the same color on the front and back.

ADVERTISING

- The name/Logo of the Manufacturer of the attire may be displayed once on the front of the competition vest. Such display shall be in a rectangular form with a maximum size of 30cm² and with the lettering a maximum height of 4cm and the total Logo a maximum height of 5cm.
- The name/Logo of the Sponsor of a national team may also be displayed once on the national vest/leotard on a separate patch, instead of one of the national team or Member Federation Logo or flag on the national vest provided that such national sponsor is not a competitor of a Sponsor of the IAAF or of the event. For the purpose of avoiding such conflicts, Member Federations must seek and receive prior approval from the IAAF. The maximum size of such display shall be 30cm² with a maximum height of 5cm.

For further information, the IAAF Advertising Regulations can be found on the IAAF Website in the "About IAAF" section under Publications.

NOTE: All Member Federations must bring their team uniform to the Accreditation Center for inspection, during the accreditation procedures.

SPIKES

The Foote Field Sports Complex allows up to a 7 mm compression (conical) spike except for High Jump and Javelin where 9 mm compression (conical) is acceptable. Spike lengths will be checked in the Call Room. Replacement spikes will be available for purchase.

PERSONAL IMPLEMENTS

The Local Organizing Committee will provide a number of IAAF certified implements however, athletes may use their personal implements provided:

- they can be appropriately identified and have IAAF certification
- they are not already included in the implements supplied
- they pass implement inspection
- they are made available to all other competitors until the end of the final event

Member Federations wishing to use their personal implements may take the implements to the weights and measures trailer located behind the bleachers on the back straightaway. Implements must be presented at the weights and measures trailer during practice hours on July 29 and 30 or at least three hours prior to the start of the competition. Personal implements, once approved for competition, lose their identity as privately owned implements for the duration of the competition and may be used by any competitor. They may be retrieved at the end of the competition (not the event).

COMPETITION NUMBERS

Each athlete will receive a total of three competition numbers; one is to be worn on the chest of the competition vest, one is to be worn on the back of the competition vest with the exception of the High Jump and Pole Vault and the third for the athlete's bag. Athletes in the High Jump and Pole Vault may wear one number either on the chest or the back. These numbers must not be cut, folded or obscured in any way.

Relay athletes will wear the number on their back and a bib with their three-letter country code on their chest.

Competition numbers will be provided to the Team Leader at the Technical Meeting.

CALL ROOM

The Call Room will be located between the Stadium and the warm-up track. The Call Room Procedures are as follows:

Once in the Call Room, athletes will be identified by their accreditation card and their bib number. Call Room Officials will check the following:

- competition numbers
- shoes and spikes
- uniforms (compliance with official national uniform and IAAF advertising Rules and Regulations) in case of non-compliance, Call Room Officials will ask athletes to change uniform or will cover any illegal advertising using tape.
- bags (identification on and content of)
- personal belongings: video and audio players, cameras, phones, radio transmitters, and electronic devices in general (except watches) are not permitted nor are items with advertising that is too large to cover up with duct tape. These items will not be permitted in the Stadium.
- athletes will not be permitted to bring tape (or any other material to use as a personal marker) and/or magnesium chalk (except for throwers and pole vaulters) as the organizing committee will be providing on site.

NOTE: For relay teams, all four members must report as a group at the same time.

All athletes must present themselves at the Call Room according to the scheduled check-in times as noted below. All times are prior to the actual start time of the event.

Event Group	First Call	Final Call	Entry into Stadium
Pole Vault	105 minutes	75 minutes	60 minutes
High Jump	90 minutes	60 minutes	45 minutes
Long Jump/Triple Jump	75 minutes	45 minutes	30 minutes
Throws	75 minutes	45 minutes	30 minutes
Relays	60 minutes	30 minutes	10 minutes
Hurdles	60 minutes	30minutes	10 minutes
Other Track Events	60 minutes	30 minutes	10 minutes

Athletes who fail to appear on time in the Call Room without a valid reason (e.g., a medical certificate from the official doctor of the Championships) **may be excluded from participating in this and all further events in the Championships, including relays.** Team Officials are not allowed to enter the Call Room.

COMBINED EVENTS CALL ROOM PROCEDURES

Competitors in the combined events (Heptathlon and Decathlon) only have to report to the Call Room in the warm up area at the start of each day. A Combined Events rest area shall be provided where athletes can rest and wait for their next event. The area, located on the warm-up track, is considered as the Call Room for all subsequent events on that day. As the presence of the athletes in this area between events is not mandatory, it is imperative that all athletes report to the Combined Events area before the start of a particular event to undergo the final check. Access to the Combined Events area is restricted to competitors and one other accredited person per athlete (coach, doctor, therapist etc.).

STARTERS COMMANDS

The starter's commands will be given in English. Up to and including the 400m, the following commands will be used:

- On your marks
- Set
- (GUN)

For races of 800m and longer, the following commands will be used:

- On your marks
- (GUN)

10.0 POST EVENT PROCEDURES

ATHLETE EXIT

Following competition (regardless of qualifying or final) all athletes will be escorted from the Field of Play through the Mixed Zone. No athlete may leave the Field of Play, for any reason, through any gate other than the gate at the finish line at the end of their event. No exceptions. Officials may escort athletes to the nearest restroom. Athletes making qualifying marks will be escorted to the Recovery Area at the end of each round.

MIXED ZONE

Officials will escort all athletes to the entrance of the Mixed Zone upon completion of their event. All athletes must go through the Mixed Zone even if they do not wish to talk with the press. Athletes may be requested to go to the Media Interview Tent. Please remember that athletes have one (1) hour after signing a doping control notification form to report to Doping Control. Athletes may exit the Mixed Zone if they have completed requested interviews and enter the Recovery Zone.

ATHLETE RECOVERY AREA

Clothing baskets and fluids will be located in this area. Athletes will change clothes, receive fluids and those who are selected for doping control will sign appropriate paper work and remain with the doping chaperone at this time. All clothing and bags must be taken by the athletes before leaving this area.

DOPING CONTROL

Doping control will be conducted in accordance with the IAAF Anti-Doping Regulations, under the supervision of an IAAF Medical/Doping Delegate. Additional tests for National, Area Records and other purposes will be conducted at the request of the relevant Member Federation or Area Association. The costs of such test, shall be borne by the relevant Member Federation or Area Association.

PROTESTS & APPEALS

Protests shall be resolved according to IAAF Rule 146. Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the result of that event to the Referee at the event site in the first instance or in the TIC.

- A protest is identified to the Meet Director, or designate, at the Technical Information Centre or wherever this person can be found within 30 minutes of the time of the posted results.
- Meet Director, or designate, explains the process to the athlete/coach/interested persons and provides a protest form.
- Meet Director, or designate, takes the protester to meet with the appropriate Referee (the one who made the decision).
- If the Referee agrees with the protest the results are changed and the results sheet is adjusted accordingly.
- If the Referee denies the protest, it can be taken to the Jury, upon completion of the protest forms (NOTE: normally the Meet Director, or designate, accompanies the protest group and advises them of this option and if the form is completed accepts the fee - \$100 USD).
- The Meet Director, or designate, makes a copy of the protest form and takes one copy to the Jury who then adjudicate upon the issue by reviewing any and all available relevant information.
- The Jury writes their response on the protest form and delivers it back to the Meet Director, or designate, who advises both the protest group and Meet Secretary of the results of the protest.

11.0 CEREMONIES

OPENING CEREMONY

A brief Opening Ceremony will take place in the competition stadium at the Foote Field Sports Complex on July 31 at 16:15. A parade of flags is planned. Each country may have two female and two male athletes plus a team official march in the flag parade. Those selected to march should report to the warm-up track at 15:45.

MEDAL CEREMONIES

After competition, the top three finishers will be honored. Medal Ceremonies will take place periodically throughout the competition, as listed in the schedule of events. Medalists should report to the awards tent upon request, fully dressed in the official uniform of their respective National Federation for the Ceremony.

CLOSING CEREMONY

A brief closing ceremony will be held immediately following the presentation of medals for the last event of competition.

12.0 MEDICAL SERVICES

A medical team will provide necessary healthcare for the Pan American Junior Championships participants. The LOC will provide health care and sports medicine services at Foote Field Sports Complex only during training and competition hours.

Edmonton area residents receive a complete range of services from Capital Health, Canada's largest integrated health system. In addition to emergency and acute care, Capital Health also provides home care services, outreach programs, continuing care, public health, specialty clinics, mental health services and many rehabilitation and prevention programs. Capital Health provides services in a variety of facilities, including 13 hospitals and two primary care centres.

An Emergency Physician will be available 24/7 to provide medical direction for site support, medical oversight to emergency responder and logistics for referrals and any other services or issues. During all hours of competition, a qualified physician, paramedic and first responder will be on-site and supported by the on-call Physician to provide services as required.

During all hours of practice, an Advanced Care Paramedic will be on-site and supported by the on-call Physician to provide services as required.

Physiotherapy, chiropractic services and massage therapy could be available at athletes village hotel or practice site according to predicted need and designation of available space. Therapists would be on-site for sessions as needed during pre-designated hours of service, which will be published and available at the TIC and CID. Teams may set up their own physio and massage therapy tents if they wish. Please advise us at the CID or TIC if you wish to do so. Physio and Massage Therapy services will be available at Foote Field Sports Complex in the warm up area from July 30 to August 2.

The on-site Physician (during competition) or Advanced Care Paramedic (during practice) will carry a cell phone at all times while on duty for communications with the Medical Director and emergency services.

Calls to the paramedics should be limited to emergencies only.

A list of all medical services, clinics, hours of coverage and on and off-site staff phone numbers will be provided for athletes, team and technical officials.

INSURANCE

Member Federations are responsible for taking out insurance to cover illness or injury to members of their delegation and/or team when travelling internationally.

24.0 CONTACT INFORMATION

ORGANIZING MEMBER FEDERATION

Athletics Canada

Suite B1-110 2445 St-Laurent Blvd.

Ottawa, Ontario K1G 6C3

Web Site: www.athletics.ca

Email: athcan@athletics.ca

Telephone: +1-613-260-5580

Fax: +1-613-260-0341

Chairman/President: Gordon Orlikow

Chief Executive Officer: Rob Guy

LOCAL ORGANIZING COMMITTEE

Edmonton 2015 Panamerican Junior Athletics Championships

Organizing Committee Web Site: www.edmonton2015.ca Email: info@edmonton2015.ca

Telephone: +1-780-395-9824

Fax: +1-780-669-7015

President: Jerry Bouma

Chief Executive Officer: Peter Ogilvie

APPENDIX A

COMPETITION SCHEDULE - SUBJECT TO CHANGE

Morning Session 1 - Friday, 7/31			
Time	Event	Gender	Round
10:30	100m	M	Decathlon (1)
10:40	Hammer Throw	W	Final
11:00	100m	W	Semifinal
11:10	Long Jump	M	Decathlon (2)
11:15	Pole Vault	W	Final
11:20	100m	M	Semifinal
11:40	1500m	M	Semifinal
12:00	HT (w)		Awards
12:15	100mH	W	Semifinal
12:15	Shot Put	M	Decathlon (3)
12:35	400m	W	Semifinal
12:55	400m	M	Semifinal
13:05	PV (w)		Awards

Evening Session 2 - Friday, 7/31			
Time	Event	Gender	Round
16:45	OPENING CEREMONIES		
17:00	High Jump	M	Decathlon (4)
17:05	100m H	W	Final
17:10	Discus Throw	M	Final
17:15	400m	W	Final
17:20	Pole Vault	M	Final
17:25	400m	M	Final
17:35	100H (w), 400 (w), 400 (m)		Awards
17:55	800m	W	Semifinal
18:10	Long Jump	M	Final
18:15	400m	M	Decathlon (5) 1
8:10	Shot Put	W	Final
18:30	100m	W	Final
18:40	100m	M	Final
18:50	3000m	W	Final
19:05	DT (m), 100 (w), 100 (m), 3000 (w)		Awards
19:20	5000m	M	Final
19:40	LJ (m), SP (w), 5000 (m)		Awards

Morning Session 3 – Saturday, 8/1

Time	Event	Gender	Round
8:30	10k Race Walk	W	Final
10:00	110mH	M	Decathlon (6)
10:30	100mH	W	Heptathlon (1)
10:45	Discus	M	Decathlon (7)
11:00	Long Jump	W	Final
11:15	1500m	W	Semifinal
11:30	High Jump	W	Heptathlon (2)
11:30	10km RW (w)		Awards
11:40	110mH	M	Semifinal
12:00	800m	M	Semifinal
12:00	Pole Vault	M	Decathlon (8)
12:00	Discus	W	Final
12:20	200m	W	Semifinal
12:40	200m	M	Semifinal
1:00	LJ (w)		Awards
1:10	400mH	M	Semifinal

Evening Session 4 – Saturday, 8/1

Time	Event	Gender	Round
17:00	Shot Put	W	Heptathlon (3)
17:15	Javelin	M	Decathlon (9)
17:30	200m	W	Heptathlon (4)
18:05	1500m	M	Final
18:05	800m	W	Final
18:10	DT (w), 1500 (m)		Awards
18:15	1500m	M	Decathlon (10)
18:35	110mH	M	Final
18:40	Triple Jump	M	Final
18:50	High Jump	W	Final
18:50	3000m St	W	Final
19:00	Javelin	M	Final
19:05	Dec (m), 800 (w), 110H (m), 3000St (w)		Awards
19:10	400mH	M	Final
19:20	200m	W	Final
19:30	200m	M	Final
19:40	5000m	W	Final
20:00	TJ (m), 200(w), 200 (m), 5000(w), 400H (m)		Awards
20:20	10,000m	M	Final
20:40	10,000 (m), HJ (w), JT (m)		Awards

Morning Session 5 – Sunday, 8/2

Time	Event	Gender	Round
8:30	10km Race Walk	M	Final
10:00	Hammer Throw	M	Final
10:30	Long Jump	W	Heptathlon (5)
11:00	400h	W	Semifinal
11:20	4x100	W	Semifinal
11:40	4x100	M	Semifinal
12:00		10km RW (m), Hammer (m)	Awards
12:15	Javelin Throw	W	Heptathlon (6)
12:20	4x400m Relay	W	Semifinal
12:40	4x400m Relay	M	Semifinal

Evening Session 6 – Sunday, 8/2

Time	Event	Gender	Round
17:00	400mH	W	Final
17:00	Shot Put	M	Final
17:10	800m	W	Heptathlon (7)
17:20	High Jump	M	Final
17:30	1500m	W	Final
17:45		400H (w), Hep (w), 1500 (m)	Awards
18:00	4x100m	W	Final
18:10	Triple Jump	W	Final
18:15	4x100m	M	Final
18:25	Javelin Throw	W	Final
18:30	3000m St	M	Final
18:45		4x100 (w), 4x100 (m) & 3000m (m)	Awards
19:10	800m	M	Final
19:10	4x400	W	Final
19:20	4x400	M	Final
19:30		HJ (m), TJ (w), JT (w), 800m (w), 4x4 (w), 4x4 (m)	Awards
19:55		CLOSING CEREMONIES	

APPENDIX B

FOOTE FIELD SPORTS COMPLEX

